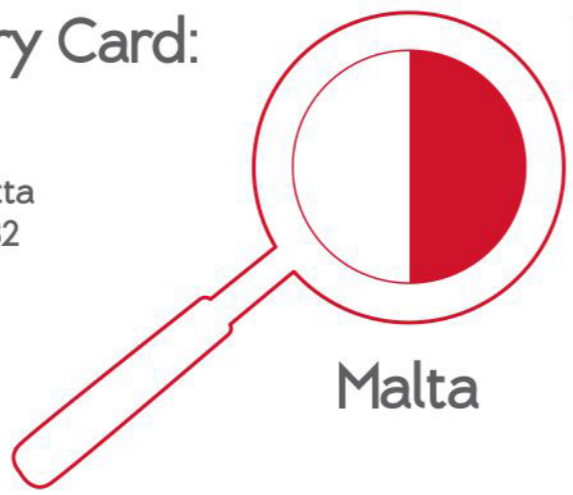




Physical Activity Country Card: Malta

Capital Valletta
 Inhabitants (2013) 423,282
 Life expectancy (2012) 81
 GINI inequality index (2012) 0.27
 Human Development Index (2013) 0.829
 Literacy rate (2005) 92%
 Deaths by non-communicable diseases 79%



Deaths related to physical inactivity

» 19.2% of all deaths in Malta are due to inactivity.

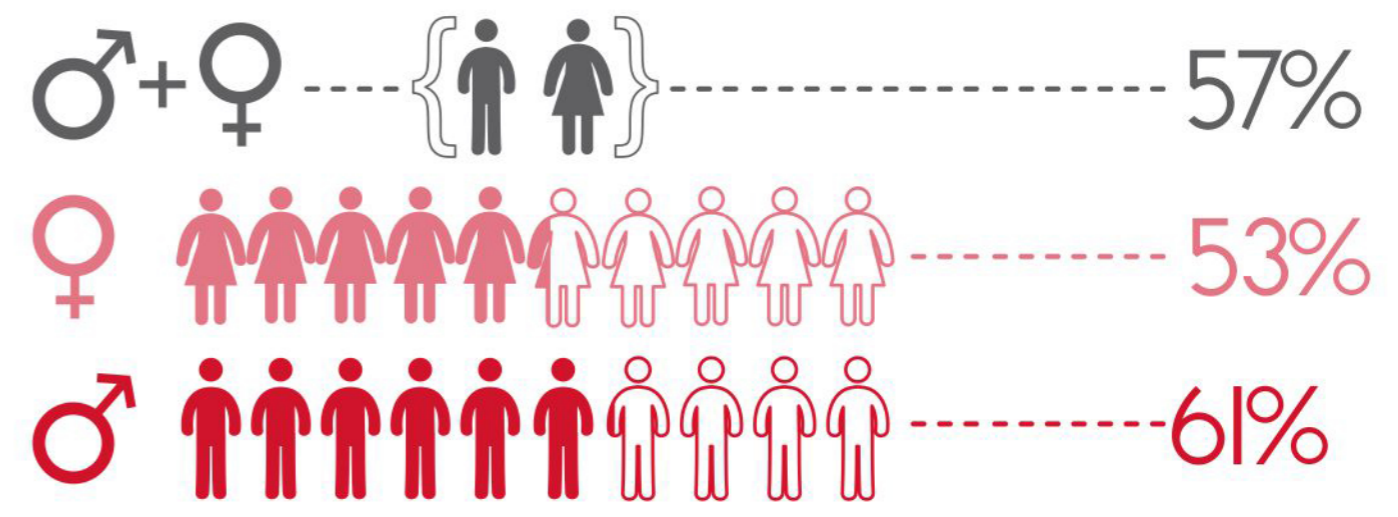


Surveillance and policy status

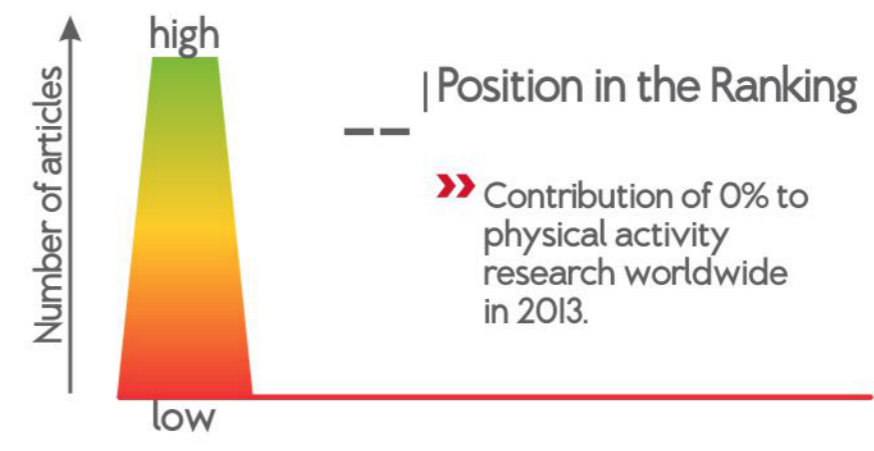
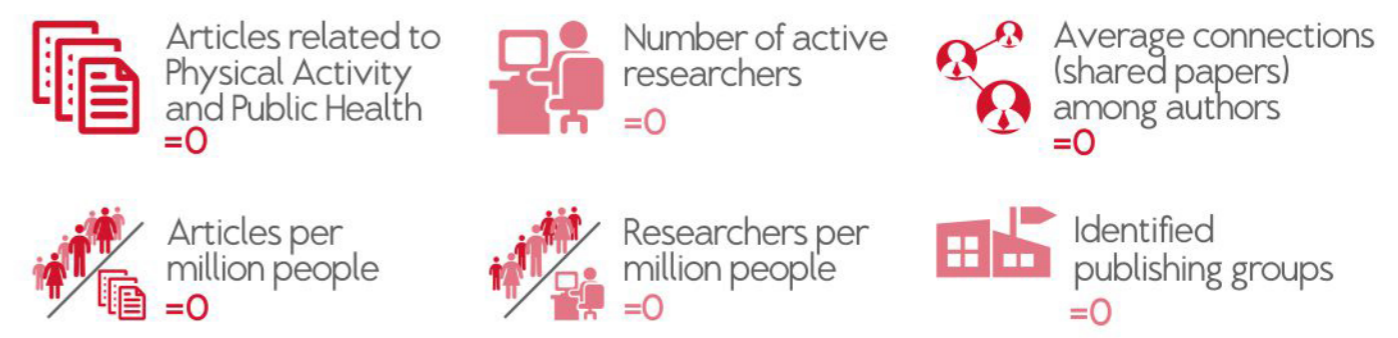
Physical activity plan
 Yes No
 » Name: A strategy for the prevention of non-communicable diseases in Malta. Valletta, Department of Health, 2010

National survey
 Yes No
 First survey: 2002
 Most recent survey: 2014
 Next survey

Prevalence of Physical Activity | Age 18+ years



Research metrics (PubMed search in 2013)



For description of the indicators and data sources:
www.globalphysicalactivityobservatory.com/appendix

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Icons by Freepik

